



The Silfren Scroll



Castle Fever

by: Roland

The annual event, Castle Fever, was to be held at Oronoco Park on Saturday, June 2nd, and it was planned down to the last square foot. Then the forecast predicted rain over the weekend. Fortunately, the citizens of Silfren Mere and Northshield rallied to the challenge, setting up camp in the Oronoco Community Center so the attendees would have a dry space once the rain started. Fortunately, the rain held off until Castle Fever was over. This was especially fortunate, since Princess Petranella Fitzallen of Weston requested her Princess Sleeve Tournament be held at Castle Fever.

King Yngvar inn Heppni and Queen Luce Tolle graced Castle Fever with their attendance, as did Prince Vladimir Radescu and Princess Petranella. Many worthy combatants competed for the honor of the Princess Sleeve, but the ultimate victory went to Mistress Margalit Medicus. Second place went to Meister Gevehard von Baden.

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Your Council

Seneschal (Group President)
 Baroness Anpliça Fiore

Exchequer (Treasurer)
 His Lordship Tarien Dane

Knight Marshal
 Sir Theodeward l'Archier

Archery Marshal
 Lord Petrus of Silfren Mere

Chronicler
 Celestria de Clare

Web Minister (Website)
 Her Grace Luce Tolle

This is the Summer 2018, issue of The Silfren Scroll a publication of the Shire of Silfren Mere of the Society for Creative Anachronism, Inc. (SCA, Inc.).

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Senescal's Report

Greetings and salutations!

I am pleased as punch to be writing this missive for the first issue of the Silfren Scroll for many, many years! Thank you to Celestria for taking on the office of Chronicler. I look forward to seeing lots of sharing happening through the newsletter.

Shire meetings are on the first Tuesday of the month starting at 7pm. Please check our Facebook page for the meeting location. I hope you can make it and participate in discussions and decisions with the rest of the group!

We have some open offices if you are looking for a way to get more involved with our shire. They include: Chatelaine, Herald, Minister of Arts & Sciences, Rapier Marshal, Thrown Weapons Marshal and Youth Coordinator. No experience necessary! Drop me a line if you have questions about any of them or wish to volunteer.

In Service!
Anpliça

Largess

by Anpliça Fiore
(This article is an adaptation from a class handout from WW 2014.)

In the past, Silfren Mere has gotten together to create largess to be included in gift baskets for major Wars. We made embroidered mug covers that included the award badges of the kingdoms they were intended for. I would like to challenge us to create largess as a shire again.

What is Largess?

Largess (or largesse): "The generosity of kings and queens has been termed "largesse" throughout history. The giving of largesse allows the Crown and Coronets to show that Their wealth and happiness is a direct result of the wealth and happiness of the people of The Land. Not only is gift-giving expected of Royalty, it is an extension of Their courtesy. It is Their chance to give something back to the populace and say thank you to those who are deserving." (From <http://wiki.antir.sca.org/index.php?title=Largesse>)

Presenting Largess

What is the best way to give largess? Label what you give so the Royals and the ultimate recipient knows who to thank. I recommend including both SCA & modern names on the tag, along with your local group, kingdom & perhaps your email address as well. I do the same for anything I donate for war baskets as well.

Keep in mind that things made as largess reflect on those presenting the gifts as well as those artists who created them. Make items that you would be proud to personally give or receive. These gifts do not need to be master quality work, but it is important that they are not slap-dash crafts. Take your time and be creative!

Largess Examples

- Award tokens
- Officer or group badges
- Cording
- Circlets
- Hats
- Period games
- Stamped or illuminated "Thank You" or note cards
- Pouches or fabric bags
- Jewelry
- Things to keep kids happy & quiet in court
- Pottery
- Woven trim or belts

Is your item perishable or contain things folks might be allergic to? Please make a note of that on the tag so Royals know!

Anpliça's Largess Board on Pinterest:
<http://www.pinterest.com/anplica/sca-largess-ideas/>

The class handout, outline & sample largess tags can be found here: <http://bit.ly/1kF1pDQ>



Torta Bianca

(White Tart)

by: Celestria de Clare

Custard tarts were very popular during the Medieval period. They were considered the food of kings and queens. In fact, custard tarts were served at Henry IV's coronation in 1399.

They could be sweet or savory. They generally used a shortcrust filled with a mixture of cream, milk, eggs, and sugar or honey. Savory ingredients such as minced pork or beef marrow were also sometimes added.

The Torta Bianca is one of Maestro Martino's greatest achievements. Maestro Martino was a 15th-century Italian culinary expert. In fact, he could be considered one of the Western World's first celebrity chefs.

The Torta Bianca, or white tart, was a special dish prepared to celebrate the Virgin Mary. White is a symbol of goodness and purity. The period recipe would have only used egg whites so the tart would retain its pale color.

In the Medieval period, they would not have had creamy cheesecake. They would have taken fresh cheese, cut it up very finely, and then pounded it until it was creamy.

The Torta Bianca tastes similar to cheesecake. It has a richer, more buttery flavor. The tart is not as sweet as modern cheesecake, though. Medieval sweets used less sugar than we do in the modern era. This was because sugar was quite expensive and not always available. They would often substitute honey because it was more readily available. The Torta Bianca would pair well with berries or strawberries.

Below is the period recipe in Italian from *Libro de arte coquinaria* by *Maestro Martino*, 15th century.

Piglia una libra et meza di bono cascio fresco, et taglialo menuto, et pistalo molto bene, et piglia dodici o quindici albume o bianchi d'ova, et macinali molto bene con questo cascio, agiogendovi meza libra di zuccharo, et meza oncia di zenzevero del più bianco che possi havere, similmente meza libra di strutto di porcho bello et bianco, o in loco di strutto altrettanto botiro bono et fresco, item de lo lacte competentemente, quanto basti, che serà asai un terzo di bocchale. Poi farrai la pasta overo crosta in la padella, sottile come vole essere, et mectiraila a cocere dandoli il focho a bell'agio di sotto et di sopra; et farai che sia di sopra un pocho colorita per el caldo del focho; et quando ti pare cotta, cacciala fore de la padella, et di sopra vi metterai del zuccharo fino et di bona acqua rosata.

You can find the modern recipe in the book *The Medieval Kitchen: Recipes from France and Italy* by Redon, Sabban, and Serventi at your local library.



Northshield Event Calendar

OCTOBER 2018

Great Western War | Oct. 2-8
Kingdom of Caid (Taft CA)

Wherefore art Thou, Juliette | October 5-7
Village of Norwealdmere (Irma WI)

A Day with Stamps & Stencils and a
Regional Fighter Practoce | October 6
Barony of Caer Anterth Mawr (Delafield WI)

Northshield Fall Crown Tournament | Oct. 13
Shire of Orlova Dolina (Hawley MN)

Harvest Home Friday | Oct. 19-21
Barony of Nordskogen
(Marine on St Croix MN)

Bardic Madness XX | Oct. 27
Kingdom of Middle (Midlothian IL)

NOVEMBER 2018

Rhythm and Bruise | Nov. 3
Shire of Korsvåg (Hawley MN)

Stellar University of
Northshield (SUN) | Nov. 10-11
Canton of Coille Stoirmeil (Wilton WI)

TOC/TOD at Fighers Retreat | Nov. 17
Canton of Blachemere (Ramsey MN)

DECEMBER 2018

Boar's Head – Back to the Past –
40 years of Memories | Dec. 1
Barony of Caer Anterth Mawr (West Bend WI)

Play Day in Coldedernhale | Dec. 8
Shire of Coldedernhale (Pierre SD)

JANUARY 2019

Nordskogen 12th Night | Jan. 19
Barony of Nordskogen (Ramsey MN)

Tack Garb Ball Hawaiian Luau | Jan 26.
Barony of Jararvellir (Stoughton WI)



What is the SCA?

The Society for Creative Anachronism is an international organization dedicated to researching and re-creating the arts and skills of pre-17th-century Europe. Our "Known World" consists of 20 kingdoms, with over 30,000 members residing in countries around the world. Participants, dressed in clothing of the Middle Ages and Renaissance, attend events which may feature tournaments, arts exhibits, classes, workshops, dancing, feasts, and more. Our "royalty" hold courts at which they recognize and honor members for their contributions to the group.

Source: <http://www.sca.org/links/about.html>

New to the SCA?

Interested in learning more about the SCA and Shire of Silfren Mere? You can find us online (www.silfrenmere.org) or on Facebook (www.facebook.com/groups/silfrenmere/). We meet each second Tuesday of the month. You can find meeting times and locations on Facebook or our website.

Service

Our Society is built on the ideals of chivalry and courtesy, but runs by the concept of service. Without cooks, marshals, teachers, tent-raisers, hall-decorators, and so forth, no one would get to enjoy any of the activities we have come to know and love. The opportunities for service are practically limitless and the best part is, when everyone gives a little, nobody has to give a lot! Let us consider the types of service in the Society and learn about the reasons and rewards for serving.

Service in the Society is a means to an end. Without someone running the tournament, there is no tournament. Without someone registering names, nobody gets a unique name. Without someone cooking the feast, nobody gets to eat. By volunteering at local events, you make it so that others can come and fight, feast, and have a good time. Then when it's your turn, you'll hopefully find those others in their own kitchen or marshalling their own field so that you can play, too.

Source: www.sca.org/service



Medieval Combat, Rapier & Archery

We try and meet several times each month to practice medieval combat, rapier and archery. You can find meeting times and locations on our Facebook page. <https://www.facebook.com/groups/silfrenmere/>